



Derek O'Neill

HUMANITARIAN • PSYCHOTHERAPIST • AUTHOR

Derek made quite an entrance into this world, "popping out" on a dance floor in Dublin, Ireland in 1964. His Mother was rushed to the hospital, where Derek arrived with a full head of shoulder-length black hair. With great fun and excitement, the doctors and nurses claimed that the "fifth Beatle had been born".

As a young boy, Derek had several first-hand experiences that most people would describe as 'magical'. In his book *More Truth Will Set You Free*, he describes an incident of a baby with whooping cough visiting his family house, and after insisting he hold the baby, Derek had whooping cough and the baby was clear.

Events like this were not uncommon and he quickly realized how powerful we as human beings are. Derek knew that he had not only come to learn to master this potential himself, but to also teach others how to do it for themselves.

Derek's journey brought him through 35 years of study in martial arts, earning master black belt. He spent most of his life avoiding "headucation" to find real education in nature, and then joined the army. There he learned discipline and how the system can either empower or abuse an open mind that is excited with life.

As an adult, Derek trained formally in psychotherapy and hypnotherapy and ran an extremely successful private practice for more than 15 years as a therapist. His travels then took him to extraordinary places, where he studied with wise yogis and masters in India and Tibet.

Applying the wisdom of the yogis, Derek became acutely aware that suffering is not necessary and that there is an endless abundance of energy to support you, if you know how to attract it to you. This knowledge helped him step into his highest potential and overcome sexual, physical and emotional abuse, family alcoholism and drug abuse, financial failures, an Olympic dream shattered by injury, and the loss of his beautiful wife Linda O'Neill.

Today, distilled from his own extraordinary journey, Derek shares ancient wisdom and modern day teachings through his speaking engagements, books and workshops, helping others to overcome challenges, increase their Spiritual Quotient and activate their highest potential.

Workshops

Corporate Coaching

Motivational Speaker

Wellness Programs



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